



Stay at home  
**Interactive  
Prayers**

Made for children to engage in a conversation with God.  
Some activities may require adult help or supervision!

## 2 Chronicles 7: 14 (The message)

**'and my people, my God-defined people, respond by humbling themselves, praying, seeking my presence, and turning their backs on their wicked lives, I'll be there ready for you: I'll listen from heaven, forgive their sins, and restore their land to health.'**

These are prayer activities that can be done by children on their own or with family members. They are designed to be modified so that you can do them at your own speed or with the things you have inside your homes.

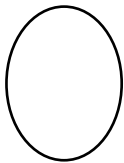
Some are more complex and will take longer than others. The shorter ones are designed to be done multiple times as quick activities throughout the day or within the week.

Share photos using the hashtag [#careychildrenandyouth](#) or add a post to our Facebook page [Carey Children and Youth](#).

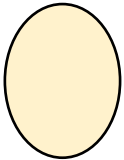
## **Mini Egg Prayers:**

Get a packet or mini box of mini eggs. Find a quiet space with a little drink and take a moment. As you eat your tasty treat, make sure you check the colour egg your eating because each one has a special prayer meaning. As you chew your egg pray for the topic in your head. God can hear your thoughts.

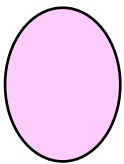
Make sure you have a drink after you've finished your snack and your prayer. Use you drink to help you remember to say AMEN!



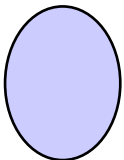
Praise the Lord's name!



Say thank you for something.



Say sorry for something you know you shouldn't have done.



Pray for another country or someone you know who needs God's love right now.



## The Lord's prayer necklaces or bracelets:

For this activity you will need string, scissors, coloured beads or dried pasta tubes. If you are using pasta you will also need a paint brush, paints and water.

This activity will include making a bracelet or necklace using specific coloured beads to represent different parts of the Lord's prayer. If you use pasta not beads you will need to paint them the correct colours BEFORE you thread them on the string. Please ask an adult to measure your piece of string and if you are little, they may need to help you with the scissors and tying knots.

As you make your bracelet try and pay attention to what each bead means. Use it everyday to help you say the Lord's prayer.

**Blue-** The colour of fathers.

Our father who aren't in heaven.

**White-** The colour of holiness.

Hallowed be your name.

**Purple-** A majestic colour.

Thy kingdom come; your will be done.

**Green-** The colour of Earth

On Earth as it is in Heaven.

**Yellow-** Reminds of wheat and flour.

Give us today our daily bread.

**Red-** Reminds us of Jesus' sacrifice.

And forgive us of our sins.

**Black/Brown-** Dark colours that could represent temptation.

As we forgive those who sin against us.

**Gold-** To remind us of God's heavenly kingdom.

The kingdom, the power and the glory are yours. Now and forever, AMEN!





## Emoji Prayer cards:

Here are some emoji cards you could print off and cut out. Have them somewhere you'll remember to pick them up and use them, maybe on the kitchen table or your bedside stand. Each one will help you to pray for something different.

Pray for someone you know who is sad or hurting, ask God to comfort them.



Pray for your family and the people that love you.



Pray for someone who is hurt, ask God to make them feel better.



Thank God for the friends and people in your life that make you smile and laugh.



Ask God to help you forgive someone who has made you angry.



Praise God for his wonderful and all the beautiful things he has put around you.



Pray for someone who is sick or poorly. Ask God to make them feel better.



Thank God for the clothes you wear and the house you live in.



## Painted hand print prayers:

It's time to get MESSY! Grab your paints and let's do some hand painting. If you don't have paints, you could draw round your hand in the different colours and colour in the different parts. Each colour means something. As you paint your fingers say your prayer for each thing out loud. Focus on the feeling of the cold paint and the bristles of the brush against your skin. Once you've painted your hand and said your prayer, have the best fun ever making some beautiful pictures.

**Orange-** Your thumb is closest to your heart. Pray for those closest to you, your friends and family.

**Purple-** Your pointy finger is used to give directions. Pray for teachers, nurses, doctors, sports coaches and government and people giving everyone important instructions at this time.

**Blue-** Your middle finger is the tallest. Remember that God is bigger than any situation and has a plan for everything on Earth. Take a moment to thank him for this.

**Green-** Your ring finger is the weakest on your hand. Pray for those who are feeling weak right now. The sick, the poor, people struggling with mental health and those most in need in our communities.

**Yellow-** The pinky finger is the smallest. Pray for yourself and your needs today.

**Red-** As you paint your palm thank God for all his plans. Thank him for his love and praise his mighty name. He holds you in his hands.



## Prayer Jars:

It's time to be free and creative. Get an empty clean glass jar and decorate it using things you find in your craft box or around the house. Make it beautiful. Once you have finished crafting try and find some lolly sticks in the house, don't worry if you can't find any you can use pieces of paper instead. On the lolly stick or pieces of paper write little prompts or ideas for prayer on them. Put them all inside your jar and every time you walk past your jar, take a little prompt and say a prayer for whatever you read. Replace the prompt and go about your day. If you walk past your jar again, pick up a prompt and pray.

Your prompt ideas could include:

1. Praise God.
2. Say thank you for your evening meal.
3. Say sorry for.....
4. Pray for Grandad.
5. Thank God for your teacher.
6. Pray for a country in need.
7. Pray for a local shop keeper.
8. Pray for a friend.
9. Say thank you for something you've seen outside today.
10. Say thank you for your favourite toy.
11. Thank God for Jesus' sacrifice.
12. Pray for the country your favourite food comes from.
13. Pray for your relationship with God.
14. Ask for God's forgiveness for .....
15. Share how your feeling with God.
16. Ask God for something your really need.
17. Ask God to be with people who are sick.
18. Pray for your local community.



## God is faithful clouds:

God made a promise to Noah, that he would never again hurt all the creatures of the Earth. Have you made any promises recently? What were they? Should you ever break a promise you make to someone?

1. Colour your cloud and make it bright!
2. Cut your cloud out.
3. Cut yourself a strip of red, orange, yellow, green, blue and purple paper.
4. Turn your cloud over and use a glue stick to attach your rainbow to your cloud.
5. Add a pipe cleaner or piece of string to the top of the cloud to make a little handle, you may need cello tape to attached this securely.
6. On each of your streaming write something God has promised us in the bible, to help remind you of all the amazing things God has done.





**God is**

**Faithful**

**He keeps His promises!**

### **Prayer Sandwich:**

Time to make a tasty snack. You need to make a BIG sandwich. It will be easier if you cut your bread into 4 before making the sandwich and use these quarters as mini slices of bread. Each time you add a layer to your sandwich say another line of prayer. Make sure you remember to be thankful, sorry, pray for others and yourself and praise God's almighty name. Can you write each line of your prayer as you make your sandwich? Or maybe you could draw your sandwich and write your prayer out on the layers?



### **Litter in the bin:**

Have a specific bit set aside somewhere. Every time you do something that means you need to say sorry to God. Write it on a piece of paper, screw it up and throw it in the bin. Say sorry and you will be forgiven. Make a sign for above the bin that tells everyone in the house that this bin is a sorry bin. That they can use it to say sorry to God too. They will be forgiven.



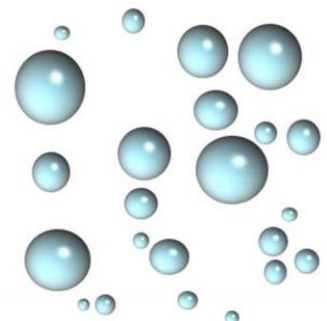
### **Prayers in the wind:**

Collect up lots of leaves. Leave them inside for a day or two to dry out a bit. Get a sharpie or permanent pen, be careful these will leave marks on your clothes forever! Write or draw your prayers on the leaves. With an adult open an upstairs window on a windy day, and let the prayers go to be carried away in the wind, one by one.



### **Big bubble prayers:**

Grab yourself some bubbles. If you don't have any you could make your own using water and washing up liquid. This prayer will help your breathing and can be used as a mindfulness exercise too. Take a deep breath. Hold it for three seconds. As you blow out be gentle and blow the biggest bubble you can. As you blow say a thankful prayer to God.



### My special prayer bear:

Grab yourself one of your cuddly toys. Put it on your bed. Have it there every night to be a prayer buddy. Hold it close and feel its warmth and say the following prayer.

Now I lay me down to sleep.

I pray the Lord my soul to keep.

Angels watch me through the night, and wake me with the morning light.

Bless my friends, the whole world too.

I ask for forgiveness for me from you.

Keep me ever in your sight, so to all I say goodnight!

AMEN

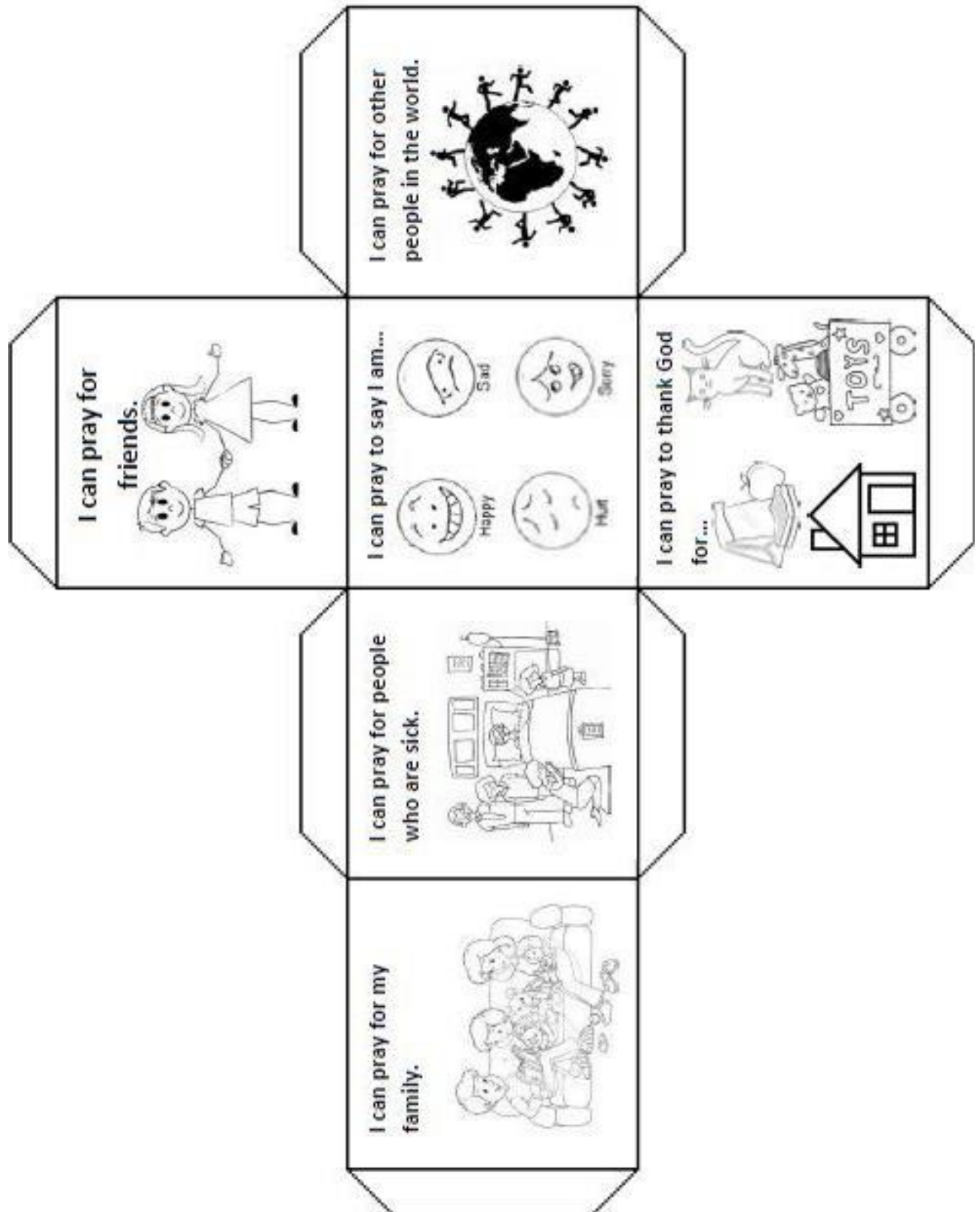
If you have a bit more time or can get hold of a baby t-shirt. You could decorate it and make your prayer bear extra special. Or decorate a bag to keep your fluffy friend in.





## Prayer Dice:

Print out and colour the prayer dice. Put it on the dinner table. Every time you sit down to eat with family, roll the dice and each say a little prayer.



## Skittles Prayers:

**Purple** - Pray for someone you know who doesn't know Jesus that you could invite to church with you this Easter. Pray that they would accept your invitation and come to church with you.

**Red** - Pray a prayer of thanks to God for dying on the cross and paying the price for your sins. Thank him for taking on the punishment you deserved and loving you enough to forgive your sins.

**Yellow** - Pray that Christians all around the world would shine brightly for Jesus, by showing love to other people during Easter.

**Green** - Pray that many people who don't know Jesus as their Savior would accept him into their hearts this Easter. Pray that many people would experience the joy that comes from starting a new life with Christ.

**Orange** - Pray for all of the church staff who are going to be working extra hard during Easter to share Jesus with as many people as possible. Pray that God would give them and their families strength and bless their work.



## Secret Messages to God

Again, it's time to get messy! Get a white candle and your paints out. You will need to get an adult to help you water down your paints to complete this task.

1. Use the white candle or crayon to write your prayer out on a white piece of paper.
2. Using different colours of watered-down paint. Gently wash over your prayer to reveal your message.
3. You could do this more than once.
4. Have fun! Make a mess and enjoy writing letters to God.

