



## #BeAnAngel

Here are some ways  
you can #BeAnAngel.

- Give a compliment to a stranger
- Donate a family meal to a Foodbank
- Handwrite a Thank-You note and post it
- Start every email you write with an encouragement to the recipient
- Mail a copy of your favourite book to a friend
- Make a call to someone you haven't spoken to for a while
- Respond to the email which has been in your inbox the longest
- Find an inspirational quote and send it to someone who needs it
- Laugh! Watch your favourite comedy sketch and share it with your friends
- Handwrite a letter or draw a picture for a friend
- Bake (angel) cake and give it away
- Bake angel-shaped biscuits for your neighbours
- Share a positive news item on social media
- Make a face covering out of festive material to bring some festive cheer
- Share your favourite recipe
- Let someone join a queue in front of you
- Donate supplies to an animal shelter
- Buy a Christmas present from somewhere local
- Send a care package to someone you miss
- Buy the person behind you in a queue a coffee
- Donate a luxury to a foodbank
- Say I'm sorry in a surprising way
- Fund a secret Santa gift through 'Action for Children'
- Put up a bird box and/or feeder
- Eat vegetarian or vegan for a week to reduce your carbon footprint
- Plant a tree (you can apply for free trees from The Woodland Trust)
- Seed bomb a public space and see what grows
- Buy some flowers and leave them on someone's doorstep
- Write a poem or song
- Send some treats to a care home
- Make someone you love a drink
- Declare today a party. Share cake, wear a crown, and think about the best things of the day
- Ask someone if they need help ordering some Christmas shopping online
- Ask for help
- Pick up litter or tidy your room
- Sign up to a first aid course
- Do some guerrilla gardening on a public space
- Do something beautiful

How many can you do in December?

Which ones do you want to continue into the New Year?

What would you add? How else could you #BeAnAngel?